Baby Sitting Basics

The "Need-to-Know's" when caring for Children

What are some characteristics of a good caregiver?

Children's Needs

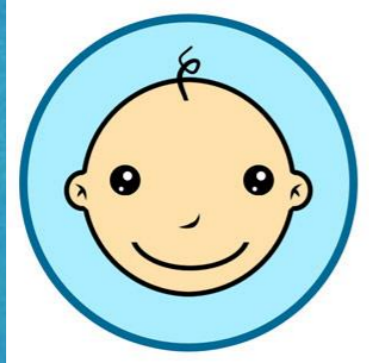- **Physical needs**
  - healthful food, clothing, rest, safe environment
- **Intellectual needs**
  - reading books, puzzles, blocks, learn by playing
- **Emotional and Social needs**
  - held, cuddled, comforted, learn to share

What are some ways to "child proof" a home?

Child Proofing a Home

- Put safety latches on cabinet doors and drawers

- Use safety gates at the top and bottom of stairs

- Put safety covers on electrical outlets

- Move cleaning supplies and other dangerous items out of children's reach

- Remove poisonous plants

- Check all toys to be sure they are nontoxic and don't have broken or dangerous parts

When it comes to kids, ANYTHING can be dangerous

Preventing Accidents

Falls & Injuries

- Never leave an infant alone on a changing table, sofa or bed

- Keep them in places that they can explore safely

- Cover electrical outlets

- Remove all breakable items out of child reach

- Keep plastic bags away from children

Preventing Accidents

Fires/Burn Accidents

- Be sure that there are smoke alarms on every floor of the home

- Keep all matches and lighters away from children

- TURN POT HANDLES INWARD!

- Remember kids are sensitive to hot temperatures

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Don't Let the Baby
Play with Matches.

Preventing Accidents

▷ **Poisonings**

    ▷ Keep children away from dangerous substances

    ▷ Keep poisonous items in locked cabinets

    ▷ Call Poison Control Center if you suspect anything

Babysitting Responsibilities

▷ You are totally responsible for the well being of those children.

▷ It is really good to have taken a first aid class beforehand.

▷ Most of all, have FUN!

Babysitter's Bag

▷ You can take it to babysitting jobs

  ▷ toys, crayons, storybooks, puppets

  ▷ we will be creating some fun items for children later in the unit