

# Child Development



## Play

“Play is a child’s \_\_\_\_\_”



# Play helps kids develop:



- Physically
- Cognitively
- Socially
- Emotionally

# Physical Development

- Play develops large and small muscles and increases speed, strength, and coordination.
- Helps general physical well-being





# Cognitive Development

- Play that teaches children how things work.
- Develops reasoning and problem solving skills.



# Social Development



- Teaches what behavior is acceptable in society
- Learn ways to get along with people
- Become more understanding and learn to share and cooperate
- Take turns, be in charge, empathize/  
understand others

# Emotional Development



- Learn how to handle their feelings and fears
- Outlet for emotions
- Self esteem, self direction, values, curiosity



 NOW IT'S YOUR  
TURN!!  


Identify what types of  
development are being  
incorporated in the  
following activities.

- **STRUCTURED**

- Rules, organized, more adult involvement

- **SELF DIRECTED/SELECTED**

- Free play, do what they want



Now fill out your  
own bubble graph!















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# DRAMATIC PLAY

- Child invents imaginary world, e.g. doctor, teacher, shopkeeper, etc.
- Teaches social skills and problem-solving
- Teaches language and communication skills
- Child adopts different roles, allowed to release pinned up emotions



# ACTIVE PLAY

- Child involved and interacting with others or objects
- Active play is the majority of play, lots of face
- Actively read and play together, cr... zle clouds



# Passive Play

- Child does not do anything
- Important to limit, need a
- Become long periods
- Television
- Children need to be limited to the amount of passive play



# SKILL MASTERY PLAY

- When
- Will  
dev
- M
- A
- of
- Bike



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# Sensory Motor Play

- This play utilizes the senses and motor skills
- Pre learning science and math concepts
- Playing in water, play dough, saw dust, corn meal, ooblick

**OOBlick!**

1 cup cornstarch  
½ cup water  
Food coloring



# PROMPT

- According to the lesson today, what toy do you think would be an appropriate for a 4 year old? Answer these questions about your toy:
  - 1) Why is this toy appropriate for this age range?
  - 2) What type of play does this toy incorporate? (dramatic, active, passive, skill mastery, sensory motor)
  - 3) This toy would help the child in the following areas: Physically, Cognitively, Emotionally, or Socially