

Positive VS Negative



Guidance

Positive Guidance?

- A way of guiding children through positive reinforcement.
 - Telling the child what they should do as apposed to dwelling on what they shouldn't do.
 - Giving reasons and explanations to children.
 - Giving simple but specific directions.

Negative Guidance?

- A way of guiding children through negative reinforcement.
 - A focus of controlling children based on emphasizing what they should NOT do.
 - Focusing on more negative aspects of child's behavior.

Positive/Negative examples

Negative: Don't throw those snowballs at windows.

Positive: If you want to throw snowballs, please be careful and aim at the tree.

Negative: Don't leave your room so messy!

Positive: Let's clean up your room. You can pick up the toys and I'll help pick up your clothes.



YOUR TURN



What is **Positive Reinforcement**?

- Focusing primarily on a job “WELL DONE”.
- Reiterating what a child is good at instead of focusing on bad behavior.



11 TIPS ON HOW TO POSITIVELY GUIDE CHILDREN



1 Set Limits Set environment up for success.

2 Be Consistent Follow through with everything you say.

3 Redirect Substitute acceptable behavior for what is unacceptable.



vs



4 Give reasons for good behavior

"I'm so happy you followed directions because now your sister gets to play too!"

5 Focus on good behavior

POSITIVE REINFORCEMENT!



6 ROUTINE!

- Routines for brushing teeth
- Routines for bed time
- Routines for getting ready in the morning

7

Avoid labeling

"You're a good boy/girl!"
 "You're a bad boy/girl!"
 "My son is just not a vegetable eater."

8

Match crime to punishment

Natural VS. Logical Consequences

Natural Consequences

Refuses to wear mittens	Hands get cold
Refuses to eat dinner	Hunger
Leaves toys out in the rain	Toy rusts

Logical Consequences

If child doesn't eat dinner	Child doesn't get dessert
Child knocks other in playground	Apologizes and helps other child up
Child misbehaves	Child gets put in time out until they stop the misbehavior

Loss of privileges



Positive Example

Time Out



9 Be a good model You should **BE**, **SAY**, and **DO** what you expect of your children.

10 Treat children as responsible adults

Reason with them.

11 Give Choices

Giving a choice:	Not giving a choice:
"Which would you like to pick up first, blocks or beads?"	"Pick up your toys right now!"
"Do you want to wear the blue or red top?"	"Hurry up and get dressed!"

Spanking: Is it ok?

- Is Spanking Hitting/Violence?
- Positive Guidance?



YOUR TURN

Draw quick examples of positive
and negative guidance



