

Name: _____ Period: _____

Life Skills Children's Book



During the Life Skills Unit in FACS Exploration, you have referred to many children's books that teach simple life skill topics. It's now your turn to be a **children's book author** and write about life skills that matter most. Remember, this book would be used to teach children these basic life skills. Pick one of the following categories, and then consider the questions. What do you want to teach a child about one of these subjects? Remember this assignment is a test, so clear learning of the concepts must be illustrated in order to get full credit.

Self-Concept

- Why is it important to develop high self-esteem? What are some ways to do this?
- What is self-image? And how does this reflect in other parts of your life?
- How does our self-concept affect our day to day lives, our confidence, and relationships?

Friendship

- What are some qualities of friends that are good for you? Friends that are bad for you?
- How do friends influence our day to day lives? Do they affect the decisions we make?
- What are ways we can make new friends?

Family Relationships

- What are some family traditions that you have that strengthen family relationships?
- What is a traditional/nuclear family versus a non-traditional family?
- How do families influence our lives for good?

Change

- What are some changes that teenager's experience?
- Why are changes sometimes hard to deal with?
- What are some strategies to deal with change?

Peer Pressure

- What is peer pressure? What are some ways to handle it?
- What are bully's? What are some ways to handle when we are bullied or someone else is?

Values/Goals

- What are your top values? How do these values influence the decisions we make in life?
- What is the difference between short term and long term goals?
- If someone doesn't have goals, how likely is it that they will succeed?

Decision Making

- What are some big decisions facing teens? What are some big decisions facing adults?
- Describe the decision making process. Why is it helpful to use this process when making big decisions?

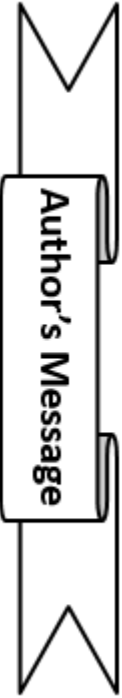
Expectations:

- Book must have a cover page.
- Book must include at least 6 pages (writing portion and picture).
- Book must be colored.
- Book must include an "Author's Message" page (see attached sheet).

Rubric:

Description	Score
Book delivers an overall positive educational message to children. Content of book must be child-appropriate.	/5
Student has connected book to life skill concepts covered in class.	/10
Book is colored and features child appropriate pictures (at least 6 pictures).	/5
Book is at least 6 pages long.	/10
An "Author's Message" is included. Student explained what life skill they were trying to teach.	/10
Complete sentences were used throughout the entire book. (-1 point for each incomplete sentence.)	/10
	_____/35 points

Author's Message:

 <p>Author's Message</p>
Hi, my name is _____.
I wrote this book because _____

When children read this book, I hope
They learn this: _____

I taught this life skill in this book by:

